



# LASATI SPA

Lasati Spa at Beehouse Dijiwa Ubud,  
Where Sincere Services Meet Luxurious Indulgence

Nestled in the heart of Beehouse Dijiwa Ubud, Lasati Spa was born as a humble massage hut. Over time, it has become a complete spa establishment offering various indulgent treatments. Our signature treatment, the Lasati Indulgence, is a luxurious package that includes massage treatments, scrubs, and a ritual bath.

We believe that every guest deserves the very best. Our experienced therapists are trained to provide sincere services from the bottom of their hearts, ensuring you feel relaxed, rejuvenated, and ready to take on the world.



## SPA PACKAGES

### Balinese Boreh Ritual | 120 minutes

IDR 845K

Lasati Foot Ritual, Balinese Massage, Balinese Boreh, Lemongrass & Citrus Bath

Traditional Balinese treatment uses age-old recipes to prevent colds during the rainy season. It involves a paste from fresh herbs, rice and spices, applied to the body to increase blood circulation and ease muscle pain. Will conclude with a serving of Ginger-Lemon tea and local cake after treatment.

### Bee Romantic Ritual | 150 minutes

IDR 1495K  
(2 person)

Lasati Foot Ritual, Aromatherapy Massage, Body Scrubs, Tropical Flower Bath

A romantic treatment package for couples, starts with 90 minutes of aromatherapy massage continue with selected body scrub and followed by a flower bath using aromatic tropical flowers. Concluded with a serving of ginger-lemon tea and local cake after treatment.

### Lasati Sensation | 120 minutes

IDR 795K

Lasati Foot Ritual, Facial Rejuvenation, Balinese Massage, Aromatic Flower Bath

Experience the unique sensation of Lasati Spa treatments, reconnect your mind and body with a healing touch of Balinese Massage followed by our rejuvenating facial and aromatic flower bath. Concluded with a serving of ginger-lemon tea and local cake after treatment.

## FACIAL

### Facial Rejuvenation | 60 minutes

IDR 450K

Firm and shape facial and improve complexion. Applying naturally made paste onto your face, followed by face, head and neck massage using herbal oil, suitable for all skin types.

The prices are subject to 21% government tax and service charge



## BODY TREATMENTS

60 mnt @ IDR 450K | 90 mnt @ 600K

### Balinese Massage

A full-body, relaxing, holistic spa treatment that combines acupressure, reflexology, and stretching to stimulate circulation and ease muscular and joint pain. This relaxing massage helps balance the energy centers and promotes balance and harmony of the mind, body and soul.

### Deep Tissue Massage

A particularly effective massage for people with muscular pain. When there is muscle tension or injury, there is usually rigid tissue and pain in muscles, tendons and ligaments. This massage technique works on the deeper layers of muscle tissue. Deep tissue massage uses slower and firmer strokes and pressure than other treatments.

### Aromatherapy Massage

Suited to reducing stress or improving emotionally-related conditions. Aromatherapy massage uses highly concentrated plant oils, and essential oils, added to the massage oil or lotion. When you inhale essential oil molecules, messages are transmitted to the limbic system and affect heart rate, stress level, blood pressure, breathing, memory, digestion, and the immune system. Each essential oil has different healing properties.

### Back Neck and Shoulder

Focusing on the back, neck and shoulder. Help to reduce stress and pain.

### Foot Reflexology Massage

Reflexology is an ancient therapy that uses the hand only. Pressure placed on specific reflex points of the feet sends a signal to the corresponding organs and glands, acting as a wake-up call. Sensitive or trained hands can detect tiny deposits and imbalances in feet to restore energy and allow self-healing to take place.

The prices are subject to 21% government tax and service charge

## BODY SCRUBS

### Coffee | 30 minutes

IDR 280K

Coffee Scrub, red rice powder, cinnamon, volcanic rock, pumice stone and Bali coffee. Suitable for removing dead skin and anti-septic.

### Boreh | 30 minutes

IDR 280K

Pastes made from fresh herbs, rice and spices, are applied to the body to increase blood circulation and ease muscle pain. It is also used as a treatment for headaches and fever. Hand-crushed spice would be applied on the legs of the rice farmers after a hard day's work standing in the water tending the rice. The ingredients are red and white powder, ginger, nutmeg, clover, coriander, and galangal.

### Green Tea Scrub | 30 minutes

IDR 280K

A full body exfoliation, fragrant green tea scrub and a yogurt rubdown. Followed by a shower and a body lotion is applied.



The prices are subject to 21% government tax and service charge

# BATH RITUALS

## Flower Sensation

Flower bath sensation using the most perfumed natural traditional flowers of Bali and will be concluded with a serving of with ginger-lemon tea and local cake after treatment.

IDR 280K

## Citrus Bath

The refreshing bath of citrus is just a perfect pair to the sunny and exotic Bali island. Rejuvenating essences of lemon, orange, pandan and orange leaves will escalate the skin cells and work on perfecting your skin. This bath is perfect for oily skin and daily vitamin C intake. This ritual will be concluded with ginger-lemon tea and local cake after treatment.

IDR 280K

## Lasati Bath Ritual

A herbal bath is a great way to relax and relieve tension, soothe aching muscles and joints, stimulate blood circulation, and help chase away a cold. After treatment, this ritual will be concluded with ginger-lemon tea and local cake.

IDR 280K

## Lasati Romantic Flower Bath

Share a romantic moment with your other half. A romantic bath can ease away a stressful day. Making the most of this romantic ritual can light just about anyone's romantic fire. This ritual will be served with a glass of house wine for each and concluded with ginger-lemon tea and local cake after treatment.

IDR 385K



The prices are subject to 21% government tax and service charge

# SPA INFORMATION

The information listed below has been compiled to help you make the most of your experience at Lasati Spa. Please do not hesitate to contact us if you have any further questions or require assistance in choosing a treatment to suit your requirements.

## SPA HOURS

Lasati Spa opens from 11AM – 7PM daily.

## RESERVATIONS

Reservations are highly recommended. Please call #1000 or WhatsApp to +6281339470756

## PRE-INFORMATION

For your comfort, kindly take a shower prior to your treatments, you may also come in your room kimono.

We advise you to arrive 15 minutes prior to your scheduled appointment, which will enable us to prepare you for your spa experience. Arriving late will limit the time and full benefits of your treatment.

Please refrain from sunbathing, heavy eating and consuming alcoholic beverages prior to your treatment as this may have an adverse effect on your spa experience.

Please let us know if you are feeling unwell or have a history of high/low blood pressure, allergies or health condition that requires medication.

Our spa treatment rooms cater to the needs of individuals or couples. We will provide you with disposable underwear, slippers, towels, shower facilities and a hair dryer for your comfort and convenience.

Please leave any valuables and personal belongings in your room. We will not accept responsibility for the loss of valuables brought to the spa.

While it is not necessary for you to take out contact lenses during your treatment, we advise you to bring your case and solution to the spa just in case you feel any discomfort.

## NOTE FOR MEN

Men are advised not to shave for at least three hours before a facial.

## NOTE FOR WOMEN

Women are required to remove all traces of make-up prior to any treatment and avoid shaving before a body exfoliation treatment. Body treatments are not appropriate for pregnant women. However, please ask our receptionist to advise what treatments/rituals are considered safe to experience during pregnancy.

## CANCELLATION

Please notify the spa 12 hours in advance if you would like to cancel or reschedule your appointment. A 50% cancellation fee will be levied for treatments cancelled less than 12 hours in advance.

No-shows will be charged the full amount for missed services.

## PAYMENT

Lasati Spa accepts cash and all major credit cards including Visa, Master Card and JCB. All rates are in Indonesian Rupiah and subject to 21% government and service charge.

## PROHIBITED

Photography in the spa treatment room and smoking in and around the spa are strictly prohibited.

## AGE LIMITATION

Children under the age of 5 are not permitted to use the spa facilities. Please do not leave the children unattended in the spa reception.

Prices are subject to 21% government tax and service charge