



# Tirta Mandala Spa

Puri Saraswati Dijiwa Ubud

# Ausadhi Kuranta Ritual

120 MIN- IDR 1.200K



This exquisite combination invites you to indulge in Balinese boreh treatment, awakening your senses with its aromatic and invigorating blend of fresh herbs and spices. Feel pure relaxation as skilled hands deliver a Rempah Compress massage, using techniques to melt away tension and restore harmony to your body. Immerse yourself in serenity with a soothing balinese herbal bath, enveloping you in a fragrant oasis of herbs.

To complete this rejuvenating journey, savor a refreshing loloh herbal drink and delight in the sweetness of fresh fruit, replenishing your vitality. Let The Tirta Mandala Spa transport you to a state of profound bliss, nurturing your well-being from within.

## Experience the delightful inclusions:

- **Boreh foot ritual 10 minutes**
- **Balinese boreh 30 minutes**
- **Rempah compress massage 60 minutes**
- **Balinese herbal bath 20 minutes**
- **Loloh herbal drink and fresh fruit**

All prices are in Indonesian Rupiah and subject to 21% government tax and service charges

# Lengis Nyuh Ritual

120 MIN- IDR 1.200K

Begin by washing your feet using warm water with coconut milk, an anti-septic foot bath, salt and a little massage on your feet. Then, we will take you to the room and enjoy a coconut body scrub that aims to cleanse the skin and keep your skin fresh. After the shower, continue the Balinese massage for 1 hour using coconut oil after you are pampered with a massage from our highly skilled therapist.

We will apply coconut oil to your hair and do a sculpting massage on your head. Young coconut water awaits you to complete the comfort you have gained.



**Experience the delightful inclusions:**

- **Santen foot ritual 10 min**
- **Usam body scrub 30 min**
- **Meuwut massage 60 min**
- **Lengis nyuh hair treatment 20 min**
- **Flower bath 30 min**
- **Young coconut drink**

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### **Rempah Compress**

**90 MIN IDR 800K++**

This aromatherapy massage blends customized essential-oil infusions with warm herbal compresses and therapeutic techniques to melt stiffness along tension area of body. Deliver you the ultimate experience to dissolve stress and balance the body's internal rhythmGift

#### **Experience the delightful inclusions:**

- **Wangsuhpada ritual 5 minutes**
- **Rempah compress massage 85 minutes**
- **Loloh herbal drink**

### **Uwut Cokor**

**60 MIN IDR 500K++**

Treatment that concentrated on reflex areas in the feet that correspond to particular area of the body, stimulating and improving your overall physical, mental and emotional wellbeing.



### **Watu Anget**

**90 MIN IDR 750K++**

Heated smooth-textured stones placed on your specific body points is the key to this massage session. Expect to have your blood circulation increased, flexibility improved and totally loosening as the body is treated with a deep massage that goes along the way. You will leave your session with nothing but a contented joy of a relaxed body.

#### **Experience the delightful inclusions:**

- **Wangsuhpada ritual 5 minutes**
- **Watu anget massage 85 minutes**
- **Loloh herbal drink**



## **Meuwut Bali**

**60 MIN IDR 550K++**

**90 MIN IDR 650K++**

Meuwut Bali originates from island of Bali. Our therapist will use a variety of techniques including acupressure and aromatherapy. The massage stimulate blood circulation and improves energy flow, relieving areas of tenstion. Utilizing heated blended oils with natural ingredients including lotus essential and VCO. You will experience full-body nourishment and a relaxed state of mind.

### **Experience the delightful inclusions:**

- **Wangsuhpada ritual 5 minutes**
- **Uwut Bali massage 55/85 minutes**
- **Loloh herbal drink**

## **Muka Dahayu** **60 MIN IDR 500K++**

Indulge in this relaxing facial, which is suitable for all skin types. Awaken your senses by combining the purest organic products and plant extracts. Drawing on the soothing properties of organic ingredients, your skin is left feeling smooth and vibrant.

